

Workbook for the **Energy Healer** Course

MODULE 4A: CRYSTAL HEALING

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Learner's Full Name:



METAVarsity[™]

College of Metaphysical Study

Open your **mind, heart** and **soul!**

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CHAPTER 1: MODULE OUTLINE

Welcome to Module 4a of the Energy Healer Course, called Crystal Healing. Whether you are embarking upon this learning journey as a stand alone module or as part of the entire Energy Healer Course, you are bound to derive great understanding and practical experience through the learning journey.

This module aims to equip you with the basic principles and practices of crystal healing. This will empower you to either add this amazing tool for healing into your existing energy healing practices or to develop it as a practice on its own. There are extensive books and other resource materials available on crystals and so you are encouraged to build your own collection of reference materials to support the practical and powerful crystal healing methods provided in this module.

As with all MetaVarsity learning experiences, knowledge and practical application are combined through our outcomes-based learning approach. The specific outcomes and assessment criteria for this module are as follows:

Specific Outcome	Assessment Criteria
Demonstrate basic knowledge of crystals and their use in energy healing	<ul style="list-style-type: none"> ▪ Define crystal healing ▪ Understand the energetic properties of crystals ▪ Describe the process of cleansing and programming crystals ▪ Describe tools that can be used in crystal healing – wands, grids and elixirs ▪ Describe the detailed properties and effects of the following minerals: agate, amethyst, aventurine, calcite, carnelian, fluorite, kyanite, malachite, mica, red jasper, clear quartz, smoky quartz ▪ Apply visualisation in crystal healing ▪ Describe a basic crystal healing technique
Demonstrate ability to conduct a crystal healing session*	<ul style="list-style-type: none"> ▪ Open and close consultation in a professional and respectful manner ▪ Create a safe, secure and professional environment for the consultation ▪ Use crystal healing to align a client’s physical, emotional, mental and soul bodies ▪ Provide an evidential, tangible and empowering crystal healing experience for a client ▪ Support client with tools that can deepen the healing experienced

	<ul style="list-style-type: none"> ▪ Answer questions and explain concepts ethically in concise, professional language
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A practical summative assessment at the end of this module will verify your understanding of the crystals and your ability to conduct a crystal healing session. If you are intending to complete the Energy Healer Course, you will need to select a subject for your 20 case studies, from one of the following:

- Energy Healing (Advanced)
- Colour Healing
- Sound Healing
- Crystal Healing
- Plant Essence Healing

Should you feel inspired to complete your 20 case studies on Crystal Healing, we will explain how to go about this once all modules in the Energy Healer Course have almost been completed. If you are completing this module as a standalone course then the case study information above does not apply to you.

It is ideal that you have at least one of each of the crystals and minerals covered in the Crystal Profiles section, however, should you not be able to acquire these then try to have at least 5 crystal wands or natural points (Singing Crystals, Clear Quartz, Smoky Quartz, Amethyst and Citrine) that you can then use across multiple exercises.

May the profound healing power of crystals resound deep within you as you explore the crystalline healing dimensions!