



METAVarsity®

Open your **mind, heart** and **soul!**

Introduction to Metaphysics Course Overview

About MetaVarsity

The physical world that we perceive with our physical senses is the world of effects, the end result. What is the cause of this physical effect? Metaphysics is the study of the **underlying principles** of life and the application of these principles in **mastering our lives**.

MetaVarsity is a **school of metaphysical study** that uses the philosophy of metaphysics to provide a **unique learning and growth experience** for each one of our learners. **Personal mastery** involves balancing and developing all four areas of our lives: **physical, emotional, mental and spiritual**.

The design of our courses and the quality of our facilitators will ensure that you move along your path of personal mastery in a **safe and supported** way, guaranteeing you the results you desire through the use of **outcomes-based** learning principles.



Course Overviews

LEVEL 1

Introduction to Metaphysics Course

- **For Beginners:** Builds a comprehensive knowledge and skills foundation in personal mastery through metaphysics
- **For Advanced:** Integrates and consolidates everything you know, linking up disparate information

6 or 12 Month study options



LEVEL 2

Applied Metaphysics Course

- **Assists you to connect to and experience your soul or higher self, realising your purpose and deep lessons for this life**
- **Prepares you to be able to help others in their journey of soul discovery**

6 or 12 Month study options



LEVEL 3

Metaphysical Practitioner Course

- **Develops your career path as a Metaphysical Practitioner**
- **Provides skill and knowledge in specific interest areas in standalone modules**

12 Month study options



METAVarsity®

About Introduction to Metaphysics

- This metaphysics course gets your journey off to an **exciting start**.
- If you are new to metaphysics you will receive a **solid foundation** of understanding and **personal, practical application** of that understanding across the four pillars of metaphysics.
- For those with some experience, you will find that the structure and outcomes of this metaphysics course will bring together and **integrate your own knowledge and personal experience**, creating a framework for accelerated growth.
- All four modules of this metaphysics course are the **foundation building blocks** of your metaphysics knowledge.
- This is a **life changing experience** that will support your journey to personal mastery.



Choose Your Learning Pathway

Physical Classes

- Sign up for the course via class group learning
- Attendance is either weekly or bi-weekly for either 6 or 12 months
- Paper assessment packs and workbooks provided, plus materials.
- Submit assessments through written hand-in with summative assessments via email
- Learn through a supported group environment

Online Classes

- Sign up for the course via online group learning
- Attendance every third week for 2 hours over 12 months
- Coupled with distance learning and accessible to anyone, anywhere.
- Submit assessments online
- Learn through a supported online group environment

Distance Learning

- Sign up for the course via distance learning.
- Most flexible in study options
- Receive all your workbooks
- Access to online materials as well
- Full study plan
- One on One facilitator throughout the process
- Submit assessments online
- Facilitation through assessment feedback
- Full access to all modules

MODULE 1

Self-Awareness

Purpose

- Learning how to apply fundamental metaphysical concepts, such as karma, in understanding ourselves and the world around us from a new perspective

Outline

- What is metaphysics?
- Understanding the unity of humanity and the golden thread that runs through major religions
- Important definitions
- Spiritual hierarchy and natural law
- Learning how we think
- Soul evolvment, death and reincarnation
- Relationship tools
- Karmic patterns

Introduction to Metaphysics Course

Module 1
Self-Awareness

Module 2
Control of the Mind

Module 3
Energy Perception

Module 4
Intuitive
Development



MODULE 2

Control of the Mind

Purpose

- Learning a variety of concentration and meditation techniques and principles that allow us to gain deeper insight and to find inner peace

Outline

- Meditation techniques
- Use of energy protection
- Creating a sacred space
- How to use affirmations and visualisation
- Understanding out of body experiences

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MODULE 3

Energy Perception

Purpose

- Learning how energy works and applying this understanding in being able to feel energy and perform spiritual healing for others and world situations

Outline

- How energy works
- Chakras and auras
- Use of colour
- Endocrine system
- Spiritual healing
- Ceremonial magic

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MODULE 4

Intuitive Development

Purpose

- Learning how to develop and use that inner knowing, or intuition, that is a natural ability for every person

Outline

- Define basic terms
- The difference between “psychic” and “intuitive”
- What are spirit guides or guardian angels?
- How to develop communication with your spirit guides
- Use of symbolism
- Practical psychometry
- Divination techniques

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Assessment

Ongoing Assessment

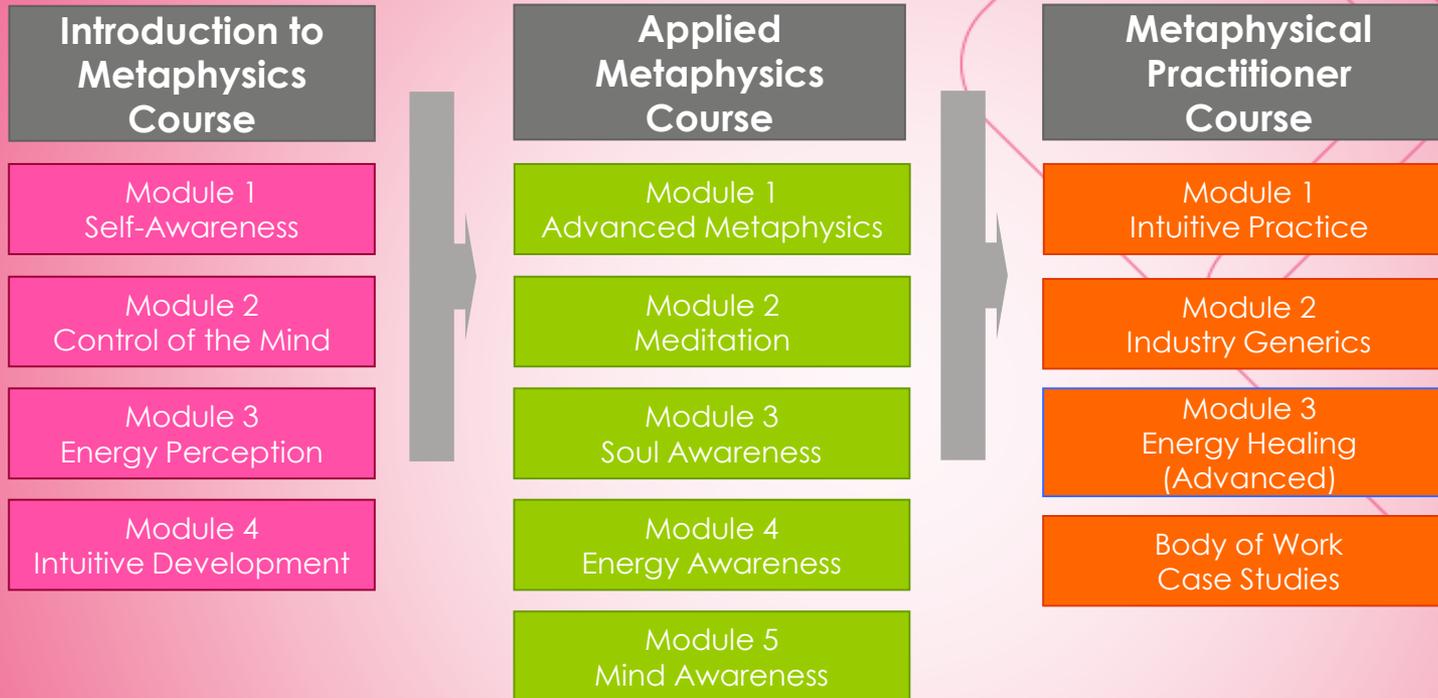
- Assessment pack per day of the course
- Outcomes-based learning
- Knowledge and practical exercises

Summative Assessment (Final)

- Knowledge questionnaire per module deepens personal understanding
- Practice exercise per module demonstrates your new skill



Metaphysics Course Flow



Why MetaVarsity?

- The only outcomes-based metaphysical education institution globally
- Dynamic web-based e-learning that provides access to submitting assignments online, communicating with your facilitator, connecting with fellow learners and accessing news articles
- Distance learning and class learning options are available
- National and international distance learning
- Massive personal development and growth
- New career opportunities
- Path supported by high-quality, credible facilitators
- Being part of a like-minded community
- Learning and applying new life tools in a structured and supported process
- Quality outcomes-based learning geared towards skill development
- PERSONAL MASTERY!



Contact Us

Register for physical classes, online classes or distance learning, both nationally and international.

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